

BLS



Basic Life Support for Healthcare Providers



Designed to build participant confidence in performing cardiopulmonary resuscitation (CPR) skills and provide the important steps to perform a rapid assessment, perform Basic Life Support (BLS) skills, and perform rapid defibrillation. Airway Management and Oxygen Therapy can also be added as additional certifications to this course.

Audience

In-facility care providers, including nursing staff, care aides, medical and dental professionals. Pre-hospital care providers, which may include professionals in a fire service, rescue team, sports-medicine, lifeguards and ski patrol.

Duration

- Stand-alone course – 9am to 1pm
- With Airway Management – 9am to 2:30
- With Oxygen Therapy – 9am to 1pm; 2:30 – 5pm
- With Airway Management and Oxygen Therapy – 9am to 5pm

Prerequisites

None

Completion

- Successfully demonstrate all course skill competencies
- Minimum 75% mark for written, closed book, knowledge evaluation
- Attend and participate in 100% of the course

Participant Materials

- *Canadian Red Cross Basic Life Support Field Guide learner manual during course (with option to buy)*

Certification

1-year certification in Basic Life Support

(digital certificate issued upon successful completion). Printed copies provided by First For Safety upon request.

Recertification

2 hours; 1-year Recertification. Must be completed within the expiry date of BLS or BLS-Recertification course.

Course Content

- Legal issues including consent, advanced directives and abandonment
- Primary Assessment
- High-performance Cardiopulmonary Resuscitation (CPR) with AED's and involving 2-person and team CPR response, brachial pulse checks, responder fatigue considerations, and blood loss
- Airway Obstruction
- Assisted Ventilation with a variety of resuscitation masks and Bag Valve Masks (BVM's)
- Basic Life Support special considerations including opioid overdoses and response, 6 Rights of Medication, and trauma response

Cost

- \$90 +HST Stand alone
- \$190 Bundled: BLS, Oxygen Therapy, and Airway Management Certifications

FIRST FOR SAFETY

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HOW TO REGISTER

ONLINE: Register online from our course calendar, choosing an available date: www.firstforsafety.ca

EMAIL: jennifer@firstforsafety.ca

CALL: 705-526-3853 (Training office open M-F, 8-5)